

2019/2020 Kids on the Farm Program

Nov 16 Theme: Fall Harvest

Your child will enjoy a day filled with a tour of the farm, hands-on experience harvesting seasonal produce, and learning age-appropriate food preservation techniques such as dehydrating and simple canning. They will also whip up a delicious pumpkin pie in the Long Spoon kitchen. Kids will head home with written directions and recipes for simple food preservation techniques that can be done at home as well as the recipe for replicating the pumpkin pie just in case you want your child to be in charge of making dessert for your next special occasion!

Bring/Wear: Bring a water bottle and a lunch from home if you do not plan to pre-purchase a boxed lunch. Wear clothing that can get a bit dirty and closed-toe shoes.

Feb 8 Theme: Cozy Cooking

It may be a bit chilly, but everyone will warm up after a tour of the farm and a day spent learning how to build a fire safely. Your child will learn the different sizes of wood needed to build a fire, learn proper safety rules, gain experience using a bow drill and a hand drill to start a fire, and then learn how to cook delicious food over a fire. Food will be prepped and then cooked over the fire under close adult supervision. Kids will take home written directions for safe fire building and recipes for cooking over a fire to replicate and expand on at home. A day on the farm wouldn't be complete without a few fireside songs, so we will wrap up the day singing together after enjoying our day together.

Bring/Wear: Bring a water bottle and a lunch from home if you do not plan to pre-purchase a boxed lunch. Wear clothing that can get a bit dirty and closed-toe shoes.

Mar 21 Theme: Perennials and Pollinators

It isn't often that children get the chance to be near thousands of honey bees. At Blackwood, your children will get suited up for a hive tour in our apiary and learn all about honey bees and how they help our gardens grow. We will also learn all about other native pollinators and how they help our annual and perennial crop production thrive. Kids will gain hands-on experience planting perennial crops together and learn the importance of their root systems. The day will be filled with dirt under our fingernails and mud on our face, but sticky, sweet honey tasting will make the day complete.

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Apr 18 Theme: The Secret to Nutrient Dense Food

The principles and practices in place at Blackwood lend to a more regenerative way of life. We can't wait to give your child a tour, provide ample time for nature exploration, and guide your children through the processes of growing, raising, and fishing for food. Kids will gain hands-on experience learning the methods that regenerative farmers use through harvesting, fishing, cooking, and composting. In fact, they will even learn how to make and apply compost tea to the gardens. We use microscopes to view beneficial microorganisms up close and we will discuss the importance of soil health as it relates to the food we eat. Your kids will head home after the day on the farm full of information to share with family and friends. They will even have enough knowledge to start a small garden and maintain it regeneratively.

Bring/Wear: Bring a water bottle and a lunch from home if you do not plan to pre-purchase a boxed lunch. Wear clothing that can get a bit dirty and closed-toe shoes.